

# PARENTS & BACKPACKERS!

Here's what to do *before* coming to Upward Bound each day...

## PARENTS

- 🍁 initial your Backpacker's completed daily ***Bible Explo*** reading, starting on page 5
- 🍁 encourage ***memory work***

## BACKPACKERS

Go to each day to see what you can do to receive stickers to outfit the hiker in the center of your Trail Log:

- 🍁 read ***Bible Explo***, starting on page 5
- 🍁 learn your memory verses



- 🍁 Be sure to read ***What Upward Bound is All About***, page 2.
- 🍁 Put your ***Trail Log*** and ***Bible in the same spot*** each night so you're all set for the next day on the Upward Bound trail!





# What UPWARD BOUND Is All About

**B**ackpacker, the most fantastic adventure of your life is about to begin! The greatest Explorer in the whole world has come to take you on an amazing spiritual journey. It's true! Our Lead Guide Jesus Christ, God Himself, is here at Upward Bound. He wants you to follow Him to the true Summit of the world—Heaven itself! Here's how to get started.

Using the Bible as your Guidebook, and your Trail Log (this book!), you and your friends will trek along the exciting Upward Bound trail. You'll receive backpacking equipment stickers to outfit the hiker at the center of this book as you:

- memorize verses from the Bible (Gospel Presentation)
- complete worksheets (Trail Discoveries)
- read your Bible (Bible Explo)

Trail Treats snacks & Trail Break recreation will keep you in top shape.

Most important of all, you'll get to know our Lead Guide, the One True Lord and Savior, Jesus Christ. He loves you so much that He left the Courts of Heaven to journey on earth as a man. His journey took Him to the cross where He died so that you could be saved from your sins and begin your Upward Bound journey to the Summit and be with Him forever.

Come follow Jesus on the most epic expedition of all time! Keep your eyes on our Lead Guide and your feet in His footsteps. Upward Bound Backpackers, we're heading out!

## OUR DESIRE

To be Upward Bound in our attitudes, following our Lead Guide Jesus, *Philippians 2:5, "Have this mind among yourselves, which is yours in Christ Jesus..."*

## OUR GOAL

To reach the Summit which is Heaven, by believing that Jesus Christ is Lord—*Philippians 2:10–11, "...at the name of Jesus every knee should bow...and every tongue confess that Jesus Christ is Lord..."*



# DAY 1

**W**ELCOME, BACKPACKERS! It's time to gear up for our Upward Bound trek. You can begin now by getting these stickers to outfit the Hiker in the center of this book, as you learn about our great Lead Guide Jesus.

## RECEIVE A WALKING STICK, MAP, TREE, AND TENT STICKER

**Backpacker Gear** (walking stick sticker)

Have your Bible, Trail Log (this book).

*If you forgot or don't have a Bible, use one your Guide gives you. If you have one at home, bring it the rest of the week.*

**Begin Memorizing Philippians 2:9-11**

(map sticker)



(continued on next page)

## Philippians 2:9-11

Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

**Trail Discoveries** (tree sticker)

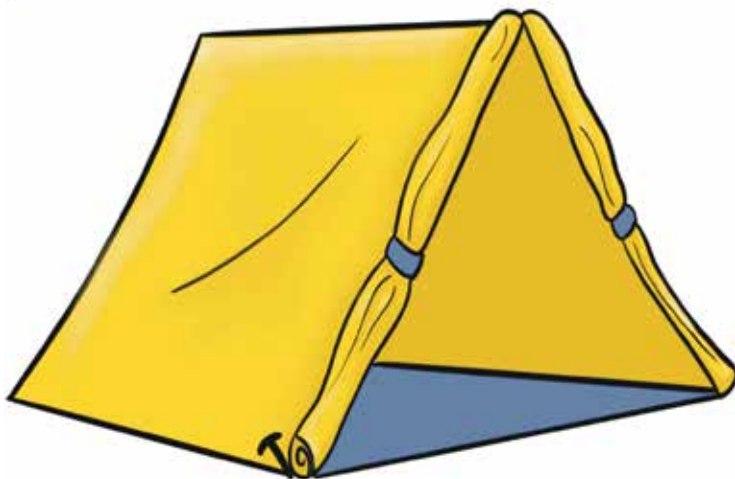
Complete your worksheets (pages 6-9) following today's Bible lesson. *Remember, Trail Discoveries are always done **at VBS** after your Mapping the Route Bible lesson, not at home!*



**TENT**

**Bible Explo**(ration) (tent sticker)

Read page 5 with your small group.  
*Begin each day of Upward Bound reading God's Word, the Bible, then keep it up when Upward Bound is finished. God gave us the Bible to guide us every day of our lives!*



# BIBLE EXPLO



Welcome to Bible Explo, special Bible verses that will help you get to know our great Lead Guide Jesus, and learn about the amazing journey He made to save and rescue us. After today, read Bible Explo at home each day before you come to VBS, then have a parent or other adult initial the button below. Enjoy learning how Jesus can help you be Upward Bound like He was!



## THE SURPRISING JOURNEY

### *Born in the Likeness of Me*

*“Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross.”*

— *Philippians 2:5–8*

Jesus left the Courts of Heaven to begin His journey on earth. Because of His great love for us, He willingly left the glory of Heaven behind and became a human being in order to save us from our sins.

He came with an Upward Bound Attitude, to do what God the Father wanted Him to do. He came to live the perfect life we cannot live, and to die in our place. And He came to be humble, to be a servant, not a “superstar.” His name, Jesus, was a promise, even when He was a baby, that He would be the Savior of the world and save His people from their sins.

**Parent’s Initials**

# TRAIL DISCOVERIES

**T**rail Discoveries is where you'll log the things you're discovering in Bible Lessons about Jesus as we follow Him to the Summit. Today we'll explore what was so amazing about the way He started His journey. Let's hit the trail!

## 1) Bible Explo Entry

"...taking the form of a servant, being born in the likeness of men." — *Philippians 2:7*

**Fill in the blanks to show what this verse tells us about Jesus' Upward Bound Attitude.** How can we have His attitude?



Out of His love for us, Jesus left the glory of

\_\_\_\_\_ and came to earth to be one of us. He

became a \_\_\_\_\_ with a \_\_\_\_\_ like ours, and lived a sinless, humble life

of a \_\_\_\_\_. He did this so that He could save us from our \_\_\_\_\_.

When we \_\_\_\_\_ in Jesus, He will give us His Upward Bound Attitude of

\_\_\_\_\_ and a heart to serve others.

## Word Bank

servant	humility	man
believe	Heaven	sin
	body	

## 2) Trail Sightings A

Why did our Lead Guide Jesus leave the Courts of Heaven to begin His journey and become a human being? **Write the letters of the correct sentences in the boxes on the backpack.**



- a. He did it in obedience to God the Father.
- b. He did it for an adventure.
- c. He did it because of His love for us.
- d. He did it to become rich and famous.
- e. He did it because He needed something fun to do.
- f. He did it because no one else could save us from our sin.

## 3) Trail Sightings B

Our Lead Guide Jesus is taking us on an Upward Bound journey. He is a great Guide and knowing Him will change everything for us in wonderful ways. **Color the Trees next to the statements that are true about Jesus. Make an "X" over the Trees beside the false statements.**



a. Jesus is the Creator of the whole universe.



d. Jesus needed to save Himself from sin too



b. Jesus came to earth and lived in luxury like a king.



e. Jesus is both God and man.



c. Jesus' name was a promise to save His people from sin.



#### 4) Trail Sightings C

Any journey can be dangerous, but Jesus' journey to earth was the most dangerous journey ever made. **Unscramble the words on the danger sign and place them into the following report of our Lead Guide's journey to earth.** The first one is done for you.

### Danger!

- (1) ~~tsaleb~~      (2) snin      (3) orpo  
 (4) odctro      (5) isdesea      (6) hataNezr

Jesus, the Son of God, was born in a

(1) S T A B L E because all the

(2) \_\_\_\_\_ were full.

His earthly parents were very (3) \_\_\_\_\_.

No (4) \_\_\_\_\_ was present at His birth.

The dirty conditions made

(5) \_\_\_\_\_ a real possibility.

Jesus was brought up in the small town of

(6) \_\_\_\_\_,

a place nobody liked.

#### 5) Trail Sightings D

When we believe in Jesus, we become like Him, and His Upward Bound Attitude becomes ours—He gives it to us. **Complete the sentences on the next page describing Jesus' attitude using words from the Word Bank.**

#### WORD BANK

